



St. Mary's Ski/Snowboarding Day Hidden Valley, Elkwater

The skiing/snowboarding day will be on Wednesday, January 8, 2025. This is an educational program in which all participants, regardless of skill level, will be required to take lessons at the ski hill with a certified ski/snowboard instructor.

Program Rates:

See attached form from Hidden Valley for the rates.

Transportation:

Transportation expenses to Hidden Valley are included in the program rates. However, parents are responsible for getting their child to the bus in the morning and picking them up when we get back.

8:00 am – Morning drop off at St. Mary's

8:30 am – Bus leaves St. Mary's

5:15 pm – Pick up from St. Mary's

Registration Package:

Please complete and return the following forms

- Participant Registration/Consent Form 2024
- Parent/Guardian Consent (Form-260-2B)

You may not waive your child from participating in the ski/snowboard lesson, or from wearing a helmet. These are mandatory for all students participating with the school.

What to Bring

- Weather appropriate clothing
- Lunch or money for lunch
- Sunscreen

Students Not Travelling with the Group

If a student is not travelling to and/or from the ski hill on the bus, the school requires a written permission (handwritten, email) note. This note should include who the student will be travelling with to and from the ski hill. Please date the written note. **This cannot be a phone call.**

Teachers will only be responsible for students registered with the school for the ski trip. Unregistered students may not travel to and from the ski hill on the bus. We would also like to extend an invitation to parents/guardians. If you would like to come, you will need to also fill out the Participant Registration/Consent Form that Hidden Valley provides and pay any the fees that apply to you.

If you should have any questions, please contact me at the school. Questions about payment can be made to Roxanne in the office.

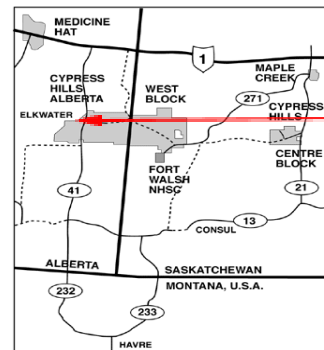
Sincerely,

Curt Moll
Ski/Snowboard Day Organizer

Trip Information

St. Mary's School is planning a ski trip to Hidden Valley Ski Resort, Elkwater, Alberta. The details for this trip are below:

Date (s) of visit: *Wednesday, January 8, 2025*
Hidden Valley contact: *+1 403-893-3961*
Departure from School (Local): *08:30*
Arrival time at resort (Local): *09:30*
Departure time from Resort (Local): *16:15*
Arrival time at School (Local): *17:15*
Transportation will be provided by: *Charter Bus*



Hidden Valley Ski Resort

As this is a winter trip it is important to dress appropriately for the activities being undertaken. Inappropriate clothing will affect the experience and safety of your child! For Alpine Skiing and Snowboarding the following equipment is recommended:

1. *Long socks including a spare pair for wet feet.*
2. *Ski pants or waterproof pants – track pants or jeans are NOT appropriate but may be worn underneath as dry clothes.*
3. *Warm sweaters or multi layers to adjust for altering conditions.*
4. *Winter Gloves – wool mittens are NOT appropriate*
5. *Waterproof winter jacket.*
6. *Kneck warmer / scarf*
7. *Sunglasses / Ski Goggles/sunscreen*
8. *Toque*

Please note that we ask for ALL students to wear an appropriate snow sports helmet. These are available from Hidden Valley rentals should you need to rent one. Skidoo, Bicycle or Hockey Helmets are NOT appropriate.

For up to date weather conditions at the resort please visit their website at <https://albertaparks.ca/hiddenvalley/>

You will find the informed consent, assumption of risk and rental information attached to this page. Please complete and return to the school by January 6, 2025. This includes any medical information that is relevant.

Parents / guardians and students should be aware that the expectations for behaviour on any field trip are the same as at school. Teachers and Hidden Valley Staff will be acting in “local parentis” while students are in their care.

Although every attempt is made to reduce the risk of injuries, and other associated risks, it is important to realise that any sport, including skiing and snowboarding, has elements of risk. Hidden Valley provides can provide first aid treatment on site but would rather not have to. Both students and parents should adhere to risk management procedures. Part of this is all students must participate in a lesson. In the case of an accident involving your child you will be informed according to the school policy.

Should this trip be cancelled you will be informed by the school on January 5th at 15:15 hrs. You will then be informed of any alternative arrangements.

Should you have any questions or concerns please contact the school.



Participant Registration / Consent Form 2024

Dear parents, welcome to Hidden Valley Snow Sports!

St. Mary's School is offering the opportunity to Ski or Snowboard on Wednesday, January 8th. Please complete the participant details below.

Name: _____ Age: _____ Grade: _____

Address: _____

Phone# (Home): _____ Emergency Phone#: _____

AB / SK Health Care#: _____

Considerations (e.g. Allergies) _____

Lesson options: Please note **NO changes from Ski to Snowboard or vice versa will be allowed on the day, after lessons begin.**

Please be aware that by signing this, you accept responsibility for any loss or damage due to inappropriate use or failure to return the equipment on the agreed date of visit and may be charged for the cost of replacement.

Hidden Valley offers several options for students. Please read the following carefully and select the options that are required for participation.

Type of lesson required: Ski

Snowboard

Does the Student Require:

Item Required	Price (incl GST)	Please Tick
Rentals (do not have own)	\$17.50	
Lift (Not a membership holder)	\$20	
Lift Membership Holder	Provide your membership ticket #	
Lesson (Mandatory)	\$47.50	✓
Helmet Required (Helmets are mandatory for students)	FREE	
Additional Supervisor/chaperone lift	\$40	
Additional Supervisor/Chaperone Rental	\$35	

Please complete 'Rental Information' and read and sign the waiver on the next page.

Terrain Park: **Terrain Park is off limits to school groups.**

Please complete 'Rental Information' and read and sign the waiver on the next page for each participant (chaperones and students). This must be signed even if not requiring rental equipment. If not signed the person listed will not be able to participate in the day.

Acknowledgement of Ability Guide:

Skier **Type 0** = Never Skied / Boarded before, **Type 1** = Skis / Boards Conservatively on easy terrain. **Type 2** = Skis / Boards Competently and controlled on moderate runs, **Type 3** = Skis / Boards on all runs with higher, controlled, speed

Rental Information:

Height: _____ ft _____ " Weight: _____ lbs Ability: _____ Shoe Size: _____

Please read the Equipment and Assumption of Risks carefully before signing at bottom.

EQUIPMENT

Hidden Valley Ski Resort (Government of Alberta) provides rental equipment. Bindings on equipment reduce the risk of injury when falling. They will not release under all circumstances and they do not guarantee safety in all cases. I/we agree to waive any and all claims that I/we have or may have in the future against **Hidden Valley Ski Resort (Government of Alberta)** and its directors, officers, employees, instructors, agents, representatives, volunteers, independent contractors, sponsors, successors and assigns and the manufacturer or employees of these resulting in any loss, damage, injury or expense that I/we may suffer as a result of the use of equipment. I/we freely accept and fully assume all risks, dangers and hazards associated with the use of the equipment.

ASSUMPTION OF RISK

I/we are aware that skiing involves many risks, dangers and hazards and I/we assume all risk of personal injury, death or property loss resulting from any cause whatsoever including, but not limited to, the inherent risks of skiing and snowboarding, the use of lifts, collision with natural or man-made objects or other participants, travel within or beyond the ski area boundaries, including negligence, breach of contract, or breach of statutory duty of care on the part of **Hidden Valley Ski Resort (Government of Alberta)**. I/We agree that **Hidden Valley Ski Resort (Government of Alberta)** and its directors, officers, employees, instructors, agents, representatives, volunteers, independent contractors, subcontractors, sponsors, successors and assigns shall not be liable for any such personal injury, death or property loss. I/we release and waive any and all claims that I/we have or may have in the future against **Hidden Valley Ski Resort (Government of Alberta)**.

I/we have read and discussed the information in this consent, including the Alpine Responsibility Code. I/we agree to its contents and give consent for the named participant to participate in the activities listed above and have ensured that information contained is accurate.

Parent / Guardian (Print): _____ Signature: _____ Date: _____

Participant (Print): _____ Signature (if over 17): _____ Date: _____

PARENT/GUARDIAN CONSENT

Off-Site Activity - Provincial (outside of City, within Alberta)

INCLUDES: Day or Overnight

Dear PARENT(s) or GUARDIAN(s) of: Grade 7,8,9 RM # _____
Please read this form carefully. Clarify any questions or concerns with the Lead Teacher BEFORE signing it. This CONSENT form must be signed and returned to the school by: 20 December 2024 for your child to be permitted to participate in activity.

PROGRAM ACTIVITY INFORMATION - Additional Itinerary and Field Trip details will be provided (if required)

SCHOOL NAME: St. Mary's School Destination: Hidden Valley Ski Resort
Departure Date & Time: 0830 8 Jan '25 Return Date and Time: 1715 8 Jan '25
Purpose or Education Goal(s): Learn to ski or snowboard
Itinerary/Activities: Skiing and/or snowboarding
Method of Transportation: Charter Bus By: _____
Lead Teacher Name & Contact Info: Curt Moll Total # of Supervisors 10
Supervisory Arrangements: On site with at least one person at the lodge at all times.
Cost to the Student: See attached form What to Bring: See attached form

SCHOOL RESPONSIBILITIES - The school will make every reasonable effort to ensure or ascertain that:

1. The staff, volunteers and/or service provided involved are suitably trained and qualified.
2. The students are adequately supervised over all aspects of the program activity.
3. The location(s) used are appropriate and safe for the activity(ies) and group.
4. Equipment used has been inspected and deemed appropriate and safe.
5. Every effort is made to identify and manage known potential risks.
6. Emergency Procedures are in place to deal with an injury or illness to any of the students.

POTENTIAL KNOWN RISKS: Vehicular accidents and accidents association with skiing and snowboarding.
Frost bite, sunburn, hypothermia

CONSENT AND ACKNOWLEDGEMENT OF RISK (*signature denotes consent*)

1. I accept the mode of transportation for this activity.
2. I acknowledge my right to obtain as much information as I require about this program or activity and associated risks and hazards, including information beyond that provided to me by the school or board.
3. I freely and voluntarily assume the risks/hazards inherent in the program/activity and understand and acknowledge that my child may suffer personal and potentially serious injury arising from his/her participation.
4. My child has been informed they abide by the rules and regulations, including directions and instructions from the school's and/or service provider's administrators, instructors, and supervisors over all phases of the program/activity.
5. In the event my child fails to abide by these rules and regulations, disciplinary action may require my child's exclusion from further participation, or that I be contacted to have my child picked up, unless I have specified other transport arrangements.
6. I acknowledge that it is my responsibility to advise the Lead Teacher of any medical and/or health concerns of my child that may affect their participation in the stated program or activity.
7. I acknowledge that the trip supervisors may secure transport to emergency medical services as they deem necessary for my child's immediate health and safety, and that I shall be financially responsible for such services.

MEDICAL INFORMATION

Allergies:

Carries EPI-PEN: Yes No

Carries ANA-KIT: Yes No

Health/Medical/Physical Issues:

Medications:

Other:

Name of Student: _____ Date of Birth: _____ has my permission to participate.

AB Healthcare #: _____ Parent/Guardian/Emergency Contact Name: _____

Phone # _____ Alternate Phone # _____ Today's Date _____

Parent Signature **x** _____ Parent Name (Print) **x** _____

DISCLAIMER - PARTICIPATION IN THIS EVENT IS DEPENDENT ON ACCEPTABLE HEALTH AND SAFETY CONDITIONS IN THE COUNTRY AT THE TIME OF THE EVENT. IF PARTICIPATION IS CANCELLED DUE TO UNFORESEEN CIRCUMSTANCES, MEDICINE HAT CATHOLIC BOARD OF EDUCATION WILL NOT ACCEPT RESPONSIBILITY FOR THE EXPENSES INCURRED IN PREPARATION FOR THIS EVENT.